



www.thanksforservice.org

Phone: (704) 914-8148

WHO ARE WE?

- TFS (Thanks for Service) is a 501 (c) 3 Non-Profit Organization with a specific focus on supporting our Emergency First Responders, Active Military, and Veteran Community and their families.
- TFS was created to say thank you and honor the selfless sacrifices of these heroes and their families, as the daily realities of these professions can affect the health and well-being of these brave men and women.
- The health, safety, and overall well-being of these brave men, women, and their families is the priority of TFS.
- Our first responders, service members, and veterans should NEVER be left with a bill or have to choose between caring for the needs of their families vs. choosing care and treatment.
- TFS seeks to honor these sacrifices by raising money to support the mental, physical, and spiritual needs that come because of their service.

WHAT WE DO- BY THE NUMBERS

March 1, 2023- March 1, 2024

Mental Health and Spiritual Support:

- Annual Mental Health Check-ups (Check up from the Neck Up) for first responder employees and families.

Total Number of Check-Ups Provided: 480

- Access to Psychiatric Med. Management and Support by Medical Professionals who were former first responders or military members.

Total Number Med. Management Referrals Supported: 150

- Individual, Group, Marriage and Family Counseling Support provided by Certified First Responder Mental Health Professionals.

Total Number of Sessions Provided: 13,440

- Crisis Management and Referral to Higher Level of Treatment as needed.

Total Number Referral to In Patient or Intensive Outpatient Treatment: 60

- Case Management and Resource Referral Assistance

Total Case Management Hours: 11,760



WHAT WE DO- BY THE NUMBERS

March 1, 2023- March 1, 2024

Prevention Services:

- Relationship Building and Connection by placing our first responder clinical team members on sit to build relationships through ride along, walk along, and just spending time with the responders as we get to know them as people.

TOTAL HOURS SPENT ON SITE: RIDE ALONG, WALK ALONG

2,080 - Hours of Service

- Assistance in Peer Team Development and Training

Number of Peer Teams Supported: 25

- Wellness and Resilience Education

Number of Education Workshops Provided : 24

- Team/Community Building

- Crisis Intervention and Suicide Intervention Training:

Number of Trainings: 10

Training and Development of Qualified First Responder/Veteran Mental Health Professionals and Staff.

On going recruitment efforts necessary because the need is so great.

Current Trained Team Members: 5



WHAT WE DO?

Crisis Support:

- On site Critical Incident Defusing's, Debriefings, Post Critical Incident Support, Strategic Planning for Crisis Response

Total Hours of Crisis Support: 582 hours

- Access to 24/7 crisis support by Certified First Responder Counseling and Chaplain Team

Total Crisis Calls Answered: 265

*** Crisis Calls are potential life-threatening calls in which the first responder or veteran is contemplating suicide or harm to others. These calls are initiated by the first responder themselves, their departments, or family members. We answer the call and will have a first responder clinician on the line and deployed to the location for support.**



WE NEED HELP!

- To provide the care and support that these men and women DESERVE, we must have the resources. Insurance rarely covers the cost of the support needed.
- If insurance is available, the co-pay or deductibles are too high, and the responders choose to forgo the service so they can provide for their family needs.
- Most first responders and veterans do not want to use insurance because they fear how the information could impact their careers long-term. When insurance is not used, most cannot afford the self-pay rate for service.
- Grants are difficult to get and maintain without the funds to hire staff to manage. Plus, many government grants require an organization be directly attached to a first responder agency.
- We raise money through donations, fundraisers and our special project “From the Hearts of Heroes”™





FROM THE HEARTS OF HEROES

For Generations storytelling has been a way for communities and individuals to share experiences of pain and triumph. Music has often been the avenue for that of healing to occur.

The project we call, From the Hearts of Heroes, began as a way to help individuals find healing and peace by telling their stories of pain and restoration. Each of their stories are then translated into an artistic format that honors their sacrifice and courage.

To continue their honor and service, we are paying it forward by taking these artistic pieces and providing an opportunity to raise the money needed to ensure no hero or their family member is ever left with a bill for seeking support. This is an opportunity to have their journey recorded for history while creating beautiful art and music that brings hope and healing in many ways.

As the music is recorded and pieces of the art become available for purchase, we will display the samples on our Heroes Store Front Page, along with a bio of the hero and their story directly from the Heart of the Hero represented.

The next page will provide a sample of two of our local hero stories (All from North and South Carolina)





Join Us By Honoring a Local Hero and Their Family By Saying:

THANKS FOR SERVICE

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We would love to have the opportunity to speak with you in more detail on how we are working hard to honor these local heroes and the healing the music brings. We would like to share other pieces of music that have been created to tell these incredible stories, but we could use your support, your voice or other creative ideas on how we can ensure no first responder ever has to go without access to the mental health support they deserve.

Thank you for your consideration:

Chad Sorrow and Nikki Vasilas

(Husband and Wife Team and Founders of TFS)

Phone: (704) 914-8148

